



SNAKE TAILS

Year 7-8 students had a hands-on experience with things that creep, crawl and slither last Wednesday at the Snake Tales presentation. Although students also handled lizards and turtles, the highlight of the day was definitely the python!



What's Coming Up?

8 Nov	Love Bites (Year 10)
11 Nov	Year 12 sign out day & Year 11 book return (9.30am-3pm)
11 Nov	Year 10 study day
12 Nov	Year 12 farewell dinner
15 Nov	Reports sent home
18 Nov	New timetable



Principal's report

with Dr Joanne Bellette

New timetables in Week 6

As Corowa High School functions under a compressed curriculum, the school undertakes a 'roll-over' or change of Years on Monday of Week 6 in Term 4 (18 November). This date is rapidly approaching and heralds a time of reflection for staff as they complete student reports and finalise teaching programs, and a time of excitement for students as they contemplate what the next year of learning will bring. New timetables, electives, classes and teachers means a lot of change, which some students will cope with, whilst others may need help or guidance from home or school. If your child needs additional supports please contact the school or have your child speak to Mrs Pearsall to see how we can help.

School Plan progress

We are nearing the end of the second year of our school plan and I am pleased with the progress the staff, students and community of Corowa High School have made toward meeting our three strategic directions (Innovation and Engagement in Learning, Teaching and Leading). In the coming year, we will continue to strive toward excellence as we further embed our new programs into practice. Areas we have identified for further development in 2019 and beyond include broadening our innovative teaching practices through Project Based Learning; creating a learning environment

that responds more effectively to student learning needs through the identification and establishment of learning programs for our Extension students; the amplification of our connections with our school community through alternative education programs; and, ongoing work to improve student literacy and numeracy outcomes. We are making great progress in many of these areas and I look forward to reporting on this progress in the coming year.

Thank you and good luck, Mr Adamson

Finally, I would like to acknowledge the hard work and dedication of one of our staff members who will be retiring in the coming weeks. Mr Adamson has had a long and distinguished teaching career at Corowa High School having taught here for more than 34 years. He has been instrumental in the establishment and success of Corowa High School's agriculture program, most notably our vineyards and the viticultural program, and his love of Science, Agriculture and animal husbandry has inspired many students and set them on their current career paths. Mr Adamson has also been instrumental in our school participation in clay target shooting, both as a school sport and at competition level. He is a much-loved teacher and colleague who will be remembered for his sense of humour and kind heart. His passion and commitment to Corowa High School and its students is remarkable and we wish him all the best in his retirement.



Healthy lunch boxes

Wraps, salads, sandwiches and sushi were on the menu on Monday in the Year 8 Food Technology class. Students were challenged to create a healthy lunch box from the items available and came up with some delicious options!

Woolworths discovery garden

Thank you to Woolworths for the donation of our Discovery Garden School Resource Kit!

This garden kit, including seeds for various fruits, vegetables and flowers, is being used to enrich our Food Technology and Agriculture classes.



Welcome, Year 4 students!

We welcomed over 70 local Year 4 students last Tuesday to begin the transition to high school process.



<https://www.facebook.com/corowahighschool/>



Dirty water project

Using soft drink bottles, rocks, sand, cloth and coal, Year 7 STEM students worked in teams to design, build and test water filters on Monday! Their aim was to produce clean water by filtering out a number of pollutants including dirt, seeds, vegetable oil, dish soap and styrofoam.

Race day festivities at Karinya

On Tuesday, three Leadership students visited Southern Cross Care Karinya Residential Aged Care to establish friendships with the residents. Upon arrival they were quickly adorned with fashionable head ware to join in the Melbourne Cup festivities.

Why is it important to be involved in visiting SCC residents?

Rebecca: I think it is important to visit SCC Aged Care because some of them might not get visitors

Tianna: It makes the residents happy and helps us learn about what they do in aged care.

Joanna: Not all of the elderly people have family members visiting them so it makes them happier.

What was something positive about your visit?

Rebecca: Something good about my visit is that I got to meet new people and make them laugh.

Tianna: We got to interact with older people.

Joanna: It was good to meet the people there and ask them questions.



SCHOOL CLOTHING POOL

UNIFORM ITEMS FOR THOSE IN NEED



DONATIONS WANTED

We are seeking donations of Corowa High School uniform items in good condition.

Please leave items at the school office between 8.30am-3.30pm.



ARE YOU AWARE THAT AMBULANCE COVER

IS CHANGING NEXT YEAR?

From next year ambulance cover for schools will only cover the state in which the school is located.

What does that mean for Corowa High School students?

Corowa High School students will not be covered by the school's ambulance policy if they attend an excursion in Victoria (or any other state). If an ambulance is called and the students does not have private ambulance cover, parents will be required to pay the account which could potentially cost hundreds of dollars.

What should I do?

All Corowa High School families are encouraged to purchase private ambulance cover before 29 January 2019.

Year 10 work experience

Last week our Year 10 students stepped out into the workforce for the second time this year for work experience!



Maddison achieves with RFS

Congratulations to Maddison Lyons on her recent achievements in the NSW Rural Fire Service (RFS).

Maddison recently completed her NSW Rural Fire Cadetship through Corowa High School and the Corowa RFS Branch.

She then trained with the Howlong Branch and represented Howlong at the 2019 NSW State Cadet Championship held in Holbrook in October. Maddison was the crew leader for most of the events for her team 'the Spiders'.

Maddison has now completed her Basic Firefighter Course which means she can attend and assist at fires. She will receive a pager and receives alerts on her mobile phone app of incidences she may attend.

We are very proud of your efforts and achievements!





The gift of giving

To help celebrate the Christmas spirit, Corowa High School's Leadership class is promoting the 'Gift of Giving' campaign by hosting a food drive for the Salvation Army to be run in roll call classes during weeks 6 and 7 of Term 4.

Christmas can be a difficult time of year for families in need. Every Christmas, the Salvation Army provide food hampers and gifts to bring hope to these families. Donations are enormously appreciated - because they really do give hope where it's needed most.

Each item is worth a certain amount of points and will be collected over a two week period. Where appropriate, please ensure items are brand named, have long expiry dates and are non-perishable.

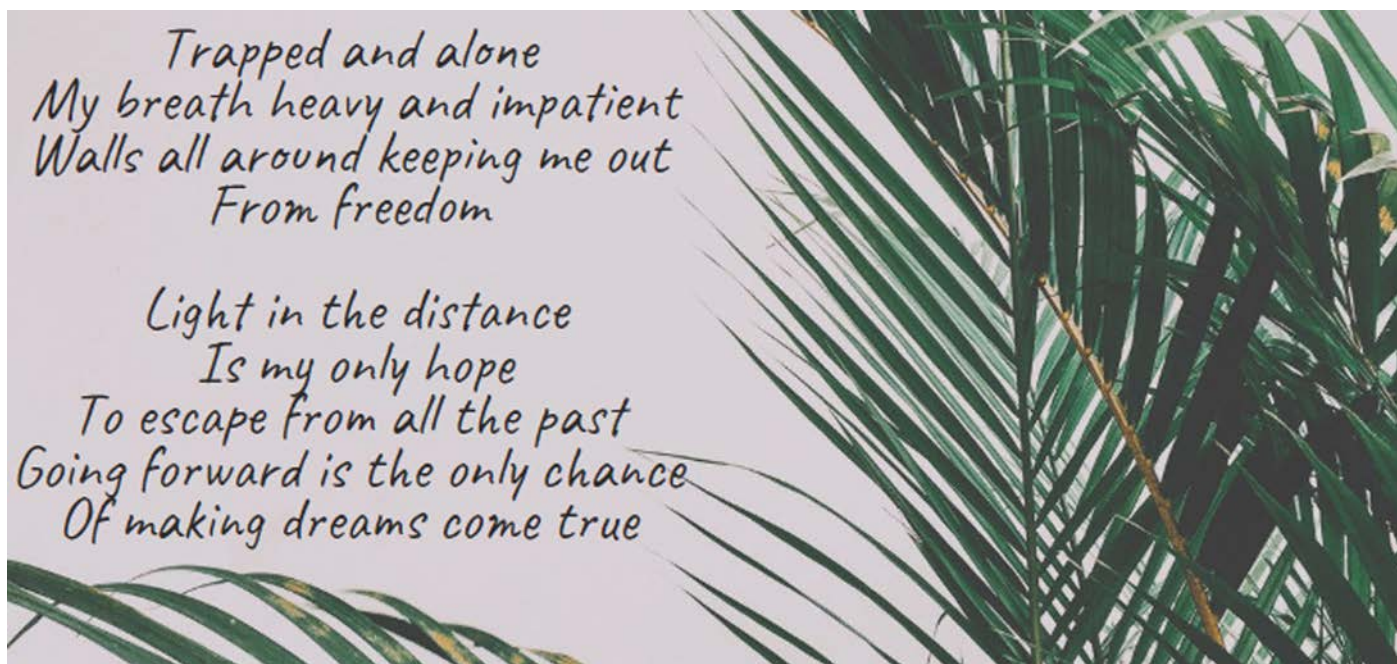
At the end of the collection period, the points will be tallied and a roll call awarded a prize.

Let's show our school and Christmas spirit by digging deep to help families in need!

See information on item points on the next page!

Year 7 'escape' poetry

Year 7 students are completing a Poetry unit on the theme of 'escape'. The poem below is by Emma Mckenzie.



Term 3 Canteen Roster

Canteen Phone: 02 6033 1167

Commence 10.30 each day

	Monday	Tuesday	Wednesday	Thursday	Friday
11-15 Nov	B Lutz		G Aitken	M Meigel	B Lutz
18-22 Nov	B Lutz		J Carman	M Meigel	B Lutz
25-29 Nov	B Lutz		G Aitken	M Meigel	B Lutz
2-6 Dec	B Lutz	K McKenzie	L Van Leeuwen	M Meigel	C Hughes
9-13 Dec	B Lutz		G Aitken	M Black	B Lutz
16-20 Dec	B Lutz			M Meigel	B Lutz

If you are able to assist in the canteen on any day, please call Lisa on (02) 6033 1167.



COROWA HIGH SCHOOL GIFT OF GIVING SHOPPING LIST

POINTS

Pudding- 20

Cakes- 15

Mince Pies- 10

Shortbread- 5

TINNED FOOD

3x Tinned Fruit= 6

2x Tinned Vegetables= 4

3x Tinned Soup= 6

2x Tinned Fish= 4

MEAL BASES

2x Noodles = 5

1x Rice= 5

1x Taco Kit= 5

2x Curry/Stirfry= 10

2x Pasta Sauce= 5

1x 2 Minute Noodles= 5



Others

2x Cereal

2x Preserve (Vegemite, Jam, Honey)

2x Biscuits

1x Packet of Jelly

1x Gravy (Gravy)

1x Sugar

1x Tea

1x Coffee

1x Block Chocolate

1x Pack lollies

1x Long Life Milk

1x Fruit Juice

3x Jars Baby Food

2x Reusable Shopping Bags

1x Napkins

1x Tissues





Unwanted contact and grooming

Socialising online can be a great way for children to build friendships, but it can also put them at risk.

How to deal with unwanted contact

Unwanted contact is any type of online communication that your child finds unpleasant or confronting, or that leads them into a situation where they might do something they regret. This can happen even if they initially welcomed the contact. It can come from strangers, online 'friends' your child has not met face-to-face, or from someone they actually know.

- **Make their accounts private** — suggest that your child makes their social media accounts private or revises their privacy settings regularly.
- **Delete contacts they don't talk to** — ask them to go through all the people who follow them or are friends with them on social media and check that they actually know them.

How can I protect my child?

- **Stay involved in your child's digital world** — keep up-to-date with the sites, apps and online chat services they are using, and explore them together.
- **Build an open trusting relationship** — keep communication open and calm so they know they can come to you when someone is asking them to do something that does not feel right.
- **Help your child to protect their privacy** — encourage your child to use their privacy settings on social media sites to restrict their online information to known friends only.
- **Teach your child to be alert to signs of inappropriate contact** — help your child recognise signs that an online 'friend' may be trying to develop an inappropriate relationship, such as asking lots of questions about personal information soon after meeting online, asking which room their computer is in, asking them for favours and doing things in return (abusers often use promises and gifts to gain trust).

- **Report and block** — if they receive any unwanted contact from someone they know or a stranger, encourage them to report and block this person.
- **Delete requests from strangers** — encourage your child to delete friend or follow requests from people they don't know.

How does online grooming work?

Grooming involves building a relationship with a child in order to sexually abuse them. This abuse can happen in a physical meeting, but it increasingly occurs online when young people are tricked or persuaded into sexual activity on webcams or into sending sexual images.

- **Establish safety guidelines for meeting online**
'friends' face-to-face — explain that it is safest to keep online 'friends' online, but that if they do want to meet someone face-to-face they should let you know first. Let them know they should be accompanied by you or another trusted adult.
- **What to do if something goes wrong** — talk to them without being judgemental or angry and make them feel like they can come to you with anything, without fear of being punished or criticised. Find out what happened and act to protect your child. Call the police immediately on Triple Zero (000) if their physical safety is at risk. Report abuse or online grooming to your local police or Crimestoppers. Get help and support for your child from a professional counselling service.

esafety.gov.au/parents/big-issues/unwanted-contact



History Hour

Thursday November 21, 2.00pm

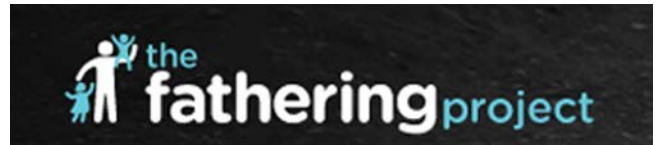
At Federation Museum

Queen St Corowa



These six awesome Corowa High School students will present their reflections on war and its effects on society.

Everyone is welcome at the FEDERATION MUSEUM for this Free event followed by a cup of tea/coffee, Anzac biscuit & time to check out the new temporary display featuring photos of local soldiers from WW1 & 11.



Corowa High School is keen to hear from fathers and father figures in our community that may be interested in The Fathering Project and forming a Dad's Group. For more information please read the following snippets and be sure to check out the website: thefatheringproject.org

If you are somebody who would like to "Champion" a Dad's group, please contact the school principal, chaplain or the P&C. We would love to hear from you!

What is a Dads Group?

As fathers and father-figures, it's too easy to get lost in our other roles and forget what our first job is. Yet it's the most important job we'll ever do. Because what we do, or don't do as dads, has an enormous impact on the happiness and health of the kids we love.

That's why we're encouraging dads across Australia be part of our Dads Groups.

The Fathering Project Dads Groups are our core program, and work to build communities of dads within school environments. The groups are a space where fathers and father-figures can spend time quality time with their kids, share their experiences and learn to be the best they can be. Our Dads Groups provide a sense of mate-ship and valuable supports and resources to help fathers up-skill. After all, even the best dads don't stop learning.

Ongoing Support from Us

Dads Groups are run by dads, for dads, in partnership with schools and with ongoing support from The Fathering Project Team. Once a Dads Group is up and running, we provide ongoing resources and support, helping to build a Dads Group that is valuable for your unique community.

Our staff are available to support you every step of the way, and Group Leaders gain access to our whole suite of online resources and coordination tools including activities guidelines and research based Fathering Thoughts to share with your group at each activity.

Dads Groups aim to be fun, interactive and supportive, providing a community of like-minded dads with opportunity to discuss and address the importance of being an involved and effective father or father-figure, and creating better outcomes for their kids.

DEFENCEJOBS NAVY ARMY AIR FORCE

ALBURY/WODONGA ADF CAREERS EXPO

The Albury/Wodonga ADF Careers Expo is an opportunity to get hands on with some of Defence's best equipment and learn about the careers available in the Navy, Army and Air Force.

SAVE THE DATE!

Albury/Wodonga ADF Careers Expo, Education Day

Friday, 15th of May 2020

10am - 3pm

The Cube, Hovell Street Wodonga

The Education Day of the event is aimed to provide Schools, Universities and TAFEs with both informative and interactive activities. This will provide students with a better understanding of the many career opportunities available within the ADF.

Education Day:

- Career Briefings & Presentations
- Opportunities to speak one on one with Military members
- Navy, Army and Air Force equipment, vehicles & capability demonstrations
- And much more!

This event is **FREE** to attend.

Stay tuned, more information to come!

DEFENCEJOBS.GOV.AU CALL 13 19 01

MURRAY FELINES

COME & PLAY SESSIONS

With the introduction of an U14's competition in 2020 now is the time to give Footy a go no matter your age

REGISTER ONLINE TO RECEIVE A FREE FOOTY ON ATTENDANCE!

SESSIONS -

18 NOV 4:30PM - 5:30PM (BARKLY PARK RUTHERGLEN)

25 NOV 4:30 - 5:30PM (BARKLY PARK RUTHERGLEN)

2 DEC 4:30PM - 5:30PM (JOHN FOORD OVAL COROWA)

9 DEC 4:30PM - 5:30PM (JOHN FOORD OVAL COROWA)

REGISTER ONLINE -
<https://www.surveymonkey.com/r/BY2MVHY>

For more information -
zac.hedin@afl.com.au



Girls...Come n Try



Corowa High School

Year 12 Sign Out Day

Monday 11 November

9.30am - 3.00pm

Please return all text books and any other school property to the front office and be prepared to settle your account. Collect your farewell dinner tickets too!

P.S. Don't forget to pay for your Year 12 farewell tickets by Tuesday 6 November.