



HAPPY SCIENCE WEEK!

We have been celebrating Science Week at Corowa High School this week! Our Science department have made it a week to remember with fantastic Science experiments, delicious Science themed treats and a highly entertaining performance at our assembly on Wednesday!



What's Coming Up?

21-22 Aug	Variety Night
5-10 Sept	Trial HSC examinations
16-18 Sept	Year 8-9 camp
19 Sept	Agriculture Henty excursion (Year 9, 10, 11 & 12)
26 Sept	Year 12 Fun Day



Principal's Report

with Dr Joanne Bellette

Proud of Corowa High School

I recently had a chance meeting with a member of our Corowa community who, on learning I was Principal at the high school, questioned me about the quality of our school and the calibre of our students. It took me some time to process this incident and what I could, or should, take from it.

We know that people often demonstrate ignorance and prejudice about that which they don't know or understand and I believe this attitude stems largely from these prejudices. I honestly believe that if this person were to spend time in our school, with our amazing students and our talented and hard-working staff, their opinion may change. I also believe that it is important to lead from the front in the face of such ignorance. So, you may have noticed the three images now appearing on our electronic noticeboard stating very clearly that at Corowa High School we are: Proud of our School, Proud of our Students and Proud of our Community. I hope you will all join me in speaking out against such ignorance and tell others about the amazing things we are achieving at Corowa High School.

School uniform review

We are currently undertaking a uniform review with an eye to developing a more modern and comfortable school uniform. We want our school uniform to clearly identify our students and be a source of pride for them and their community. Our goal is to provide information about the new uniform designs to students and parents before the end of the year. The new uniform will not be introduced until mid to late 2020 and will have a two year phase-in process so that students and families will not need to replace still usable uniform items immediately. We are also very conscious of the cost of a school uniform, so the cost of each item is a factor we are considering in our negotiations. Thank you to those who completed the surveys about our school uniform, this information continues to inform our decision making.

Busy times ahead

In the next few weeks we have a range of exciting events occurring across the school including Variety Night, the regional Tournament of Minds Competition, and Trial HSC Examinations. I wish all students the best of luck in these endeavours and look forward to watching them grow and flourish through their participation and hard work.



Proud of our students.
COROWA HIGH SCHOOL



Proud of our school.
COROWA HIGH SCHOOL



Proud of our community.
COROWA HIGH SCHOOL

THIS WEEK IN SCIENCE...



Science assembly excitement!

In a special Science Week themed assembly on Wednesday, Mrs Delaney challenged a group of students to blow up balloons and then skewer them from bottom to top without popping! Our volunteer scientists put on a very entertaining show and in the end, Remi Longmire skewed the most balloons successfully!

Tasty treat for Senior Physics

Mrs Delaney surprised her Senior Physics students on Wednesday with a delicious Science treat! She had baked up a batch of chocolate cupcakes decorated with chemical symbols that corresponded to student initials. Delish!



15 minute ice cream!

Ms Gentz' Year 7 Science class had a delicious lesson last Friday! In a study on chemical reactions, students used bags of ice and salt to turn their cream mixture into ice cream in a matter of minutes.



Welcome, Year 5 students!

We welcomed 88 Year 5 students from local primary schools on Thursday to experience a day at high school! Students enjoyed Science, History, English, Technology Timber, Geography, Art, Math, PE and Food Technology classes and especially enjoyed cooking pizza for lunch!



Students take on Australian Geography Competition

Recently, Geography students from CHS competed in the Australian Geography Competition. This competition tests student geographical skills and knowledge against students from all around Australia.

Congratulations to Emily Severin, Lachlan McKenzie and Valerio Jansezian on receiving a high distinction and to Cooper Connell, James Frazer, Ella Ovenden, Teague Reidy, Rosie Blain and Matthew Bush on receiving a distinction.



Technology Timber students finish HSC major works

Senior Industrial Technology Timber students have handed in their HSC major works this week. We are very proud of the time and effort that they have dedicated to their work!

Pictured: Cameron Wilson and his stunning wine rack.



<https://www.facebook.com/corowahighschool/>

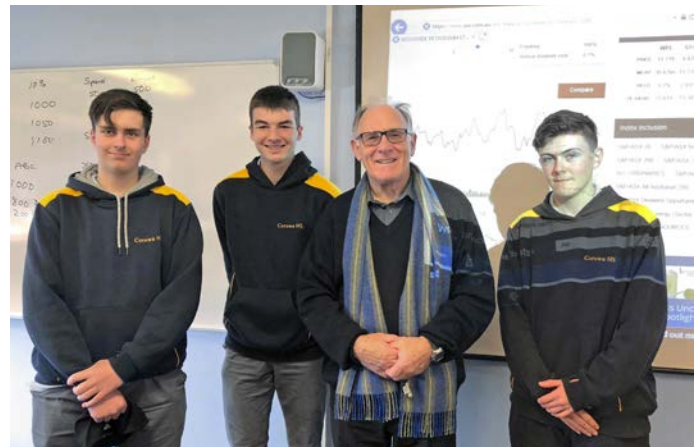
Senior Hospitality work placement

Well done to our Senior Hospitality students on completing their work placement last week and thank you to the businesses that provided these fantastic opportunities! We are very proud to share with our community that six students were offered part-time employment as a result of their excellent work ethic.



Guest speaker shares share market secrets!

Stage 5 Commerce students were fortunate this week to hear from financial advisor, Malcolm Lake, on his knowledge of the share market. Mr Lake's visit was to help prepare students as they embark on the 2019 ASX share market game.



Future Moves

Stage 4-5 students attended an enjoyable CSU Future Moves program on Tuesday with the intention of creating an awareness of the career options that may be available to them!



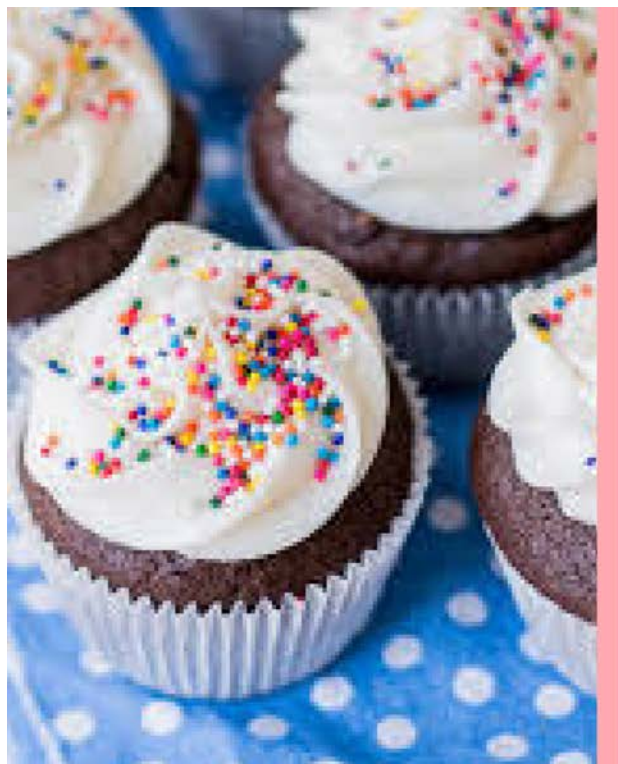


Corowa High School P&C Committee

WE WANT YOUR CUPCAKES!

The P&C need donations of cupcakes to be sold during intermission at Variety Night (21-22 August)

Cakes can be delivered to the canteen between 8.30am-3.00pm on performance days, or before the show on the night.
Thank you for your support!



Corovian News

To receive a copy of our 2019 school magazine, the Corovian, in Term 4, please ensure that school voluntary contributions are paid by Wednesday 25 September.

Term 3 Canteen Roster

Canteen Phone: 02 6033 1167

Commence 10.30 each day

	Monday	Tuesday	Wednesday	Thursday	Friday
19-23 Aug			G Atkins	M Meigel	
26-30 Aug			J Carman	M Meigel	
2-6 Sept			G Atkins	M Meigel	
9-13 Sept			L Van Leeuwen	M Meigel	
16-20 Sept		K McKenzie	G Atkins		C Hughes
22-26 Sept			J Carman	M Black	

If you are able to assist in the canteen on any day, please call Kathy on (02) 6033 1167.



Cyberbullying

Cyberbullying is the use of technology to bully a person or group with the intent to hurt them socially, psychologically or even physically.

What does cyberbullying look like?

Examples of cyberbullying include:

- abusive texts and emails
- hurtful messages, images or videos
- imitating, excluding or humiliating others online
- spreading nasty online gossip and chat
- creating fake accounts in someone's name to trick or humiliate them

Online bullying can have a devastating impact on young people, whose online life is a key part of their identity and how they interact socially.

I think my child is being bullied

Your child may not tell you if they are experiencing bullying behaviour online because of a fear it might make things worse for them or they may lose access to their devices and the internet.

Signs to watch for:

- being upset after using the internet or their mobile phone
- changes in personality, becoming more withdrawn, anxious, sad or angry
- appearing more lonely or distressed
- unexpected changes in friendship groups
- a decline in their school work
- changes in their sleep patterns
- avoidance of school or clubs
- a decline in their physical health
- becoming secretive about their online activities and mobile phone use



Cyberbullying

What can I do?

Talk to your child about cyberbullying before it happens. Together you can work out strategies to address any potential issues and reassure them you will be there to support them.

If your child is experiencing cyberbullying:

- **Listen, think, stay calm** — talk to them about what happened, try to remain open and non-judgemental, ask them how they feel and ensure they feel heard.
- **Collect evidence** — it is a good idea to collect evidence, such as screenshots, of the bullying behaviour, in case you need to report it later on.
- **Block and manage contact with others** — advise your child not to respond to bullying messages and help your child block or unfriend the person sending the messages.
- **Report to site or service** — many social media services, games, apps and websites allow you to report abusive content and request that it is removed.

- **Report to eSafety** — if serious cyberbullying is affecting your child and you need help to get the material removed from a social media service or other platform you can make a cyberbullying report to us.
- **Get help and support** — check in with your child regularly about how they are feeling. If you notice any changes that concern you, get help through a counselling or online support service.

esafety.gov.au/parents/big-issues/cyberbullying



COROWA

High School



NEWSLETTER

TERM 3 | WEEK 4 | AUG 2019



Rutherglen Little Athletics

NOW ON TUESDAYS 4.30pm – 6pm

Tuesday 27th August: Come & Try afternoon.

Tuesday 3rd September: 2019 Season Starts.

New Athletes are welcome to come and try two sessions for free before registering.

Rutherglen Show Grounds, High Street, Rutherglen.

Registration is \$100 per child.

New and returning athletes can register online from August 20th at: www.lavic.com.au/join

Little Athletics is for children aged 5 to 15 years.

Follow the club on Facebook for updates:

<https://www.facebook.com/Rutherglen-Little-Athletics-171333953074619/>

Please contact Nathan on 0428 427 718 if you have any questions.

VARIETY

21-22 AUG
6.45PM
COROWA HIGH SCHOOL

TICKETS AVAILABLE FROM THE OFFICE

TICKET \$6.00

NIGHT

THE RURAL CITY OF WANGARATTA PRESENTS

WINTER FEST

ICE SKATING • LIGHT SHOW
LOCAL FOOD & WINE • BEER GARDEN
MARKET & LIVE ENTERTAINMENT

23 - 24 AUGUST 2019 • 4PM - 9PM

A WINTER WONDERLAND ON FORD STREET

Plus, keep your eyes peeled for a special guest...

wangaratta.vic.gov.au #winterfest2019

Personnel Group

Looking for work?

Do you have a diagnosed **medical, intellectual or mental health** condition?

The Personnel Group can help you with your next step towards employment or further education.

Please call Tracey on **0412 987 769** to make an appointment.

The Personnel Group Available at:

- Beechworth
- Cobram
- Corowa
- Muwalla
- Rutherglen
- Wodonga
- Yarrowonga

personnelgroup.com.au