

OLIVIA AWARDED FOR EXCELLENCE

We are tremendously proud to announce that school Vice-Captain, Olivia Hughes, was presented with the Minister's Award for Excellence in Student Achievement at a ceremony in Sydney on Tuesday.

The Minister's Award for Excellence in Student Achievement is a prestigious award presented to up to 40 NSW students each year who have demonstrated high achievement in academic excellence, leadership and commitment to the school community.

Congratulations on this fantastic achievement, Olivia!



Tournament of Minds Teams

Corowa High School will enter two teams into the regional Tournament of Minds competition in Wagga Wagga tomorrow. Both teams have been working hard over the past 6 weeks to prepare their solution for the set challenge and we are very proud of their efforts! Good luck, guys!



What's Coming Up?

5-10 Sept	Trial HSC examinations
16-18 Sept	Year 8-9 camp
19 Sept	Agriculture Henty excursion (Year 9, 10, 11 & 12)
26 Sept	Year 12 Fun Day
27 Sept	Year 12 Farewell Assembly



Principal's Report

with Dr Joanne Bellette

Olivia Hughes receives the Minister's Award for Excellence in Student Achievement!

I would like to congratulate Olivia Hughes who this week received a Minister's Award for Excellence in Student Achievement. On Tuesday, Olivia travelled to Sydney with her mother and Mrs Stewart to attend the award presentation evening. Olivia is the 13th recipient of a Minister's Award for Excellence from Corowa High School. Her citation reads:

"Olivia is an exceptional student and role model across our school and broader community. She is committed to excellence in her academic pursuits and this commitment extends to both her sporting passions and her community responsibilities. Olivia is our School Vice-Captain and is recognised as an outstanding role model by her peers and teachers alike. She continually aspires to achieve excellence and, in so doing, inspires others which is why she is a worthy recipient of the Minister's Award for Excellence in Student Achievement."

Well done Olivia!

2020 School Captains

At this week's assembly we heard a number of students speak to their peers about their desire to become school captain. The speeches were entertaining and engaging and represent an important opportunity for younger students to get to know those who would be their future leaders.

Following the speeches, students in Years 10 and 11 and staff were invited to vote for our 2020 school captains. The process of electing our captains has changed slightly this year. After consultation with staff and our student representative council, the school executive have agreed that the captains and vice-captains should be elected based on their suitability for the job rather than on criteria such as gender. Thus, from the pool of seven possible candidates who spoke on assembly the two with the greatest number of votes will be elected captain, irrespective of gender, and the following two will be vice-captain.

I look forward to announcing our 2020 school leaders at our Year 12 Farewell Assembly on Friday 27 September.



VARIETY NIGHT SPECTACULAR!

Congratulations to all students and staff that were involved in our wonderful Variety Night performances last week! We showcased a wide array of student talent and it was truly a fantastic show!

See more photos here: <https://corowa-h.schools.nsw.gov.au/gallery/variety-night-2019.html>



2020 School Captains

Seven hopeful Year 11 students stepped forward on Wednesday and presented their speeches to fellow students in a bid to become part of the 2020 school leadership team. Who will become School Captains? See our Facebook page, Instagram page or school newsletter on Friday 27 September to find out!



Model UN conference

Corowa High School recently sent seven Year 10 students to La Trobe University in Albury to attend the Model UN conference.

Students formed groups of three or four and were given a nation to represent, our nations being the United Kingdom and Bangladesh, and participated in debates and discussions pertaining to world events.



Spring lambs arrive early

Our first lamb for the season arrived in early August and was soon followed by another this week. Mr Adamson's Year 9-10 Agriculture class had a quick cuddle with our first lamb at the end of their lesson last Monday!



Head lice advice

Cases of head lice have recently been reported at our school. Please check your child's hair and treat as necessary.



Scholarships for future teachers are now open!

The NSW Department of Education is offering a range of scholarship opportunities for high achieving students entering teacher education degrees after their HSC. Applications are now open for 2020 scholarships for future teachers.

The scholarship programs for future teachers offer a range of benefits, including financial support whilst studying and a guaranteed permanent teaching position in a NSW public school on successful completion of studies.

The scholarship programs for future teachers include:

- Teacher Education Scholarships
- Teacher Education Scholarships - Aboriginal
- teach.Rural Scholarships

teach.MathsNOW Scholarships are now open

Parents and carers, this is for you. Do you know an industry professional or current university student in a career area requiring tertiary studies in mathematics - for example, in engineering, accounting, finance or IT - who would make a great secondary mathematics teacher? The teach.MathsNOW Scholarship offers an opportunity to change career path and retrain as a mathematics teacher in a NSW public school.

teach.MathsNOW scholars will receive up to \$50,000 in equivalent upfront course contribution fees, paid part-time employment during studies and a guaranteed permanent teaching position in a NSW public school on successful completion.

To find out more about these and other great opportunities, please visit the teach.NSW website and follow the teach.NSW social channels .

2020 Book packs

Book lists for 2020 are available at the canteen – these must be pre-ordered by Friday 20 September.
Download your book list here: <https://corowa-h.schools.nsw.gov.au/forms.html>

Corovian News

To receive a copy of our 2019 school magazine, the Corovian, in Term 4, please ensure that school voluntary contributions are paid by Wednesday 25 September.

Term 3 Canteen Roster

Canteen Phone: 02 6033 1167

Commence 10.30 each day

	Monday	Tuesday	Wednesday	Thursday	Friday
2-6 Sept			G Atkins	M Meigel	
9-13 Sept			L Van Leeuwen	M Meigel	
16-20 Sept		K McKenzie	G Atkins		C Hughes
22-26 Sept			J Carman	M Black	

If you are able to assist in the canteen on any day, please call Kathy on (02) 6033 1167.



Online pornography

Your child may discover online pornography unintentionally, or they may go looking for it. Either way, you can play a role.

How do kids find pornography online?

- Your child may actively search for explicit content online, out of curiosity or perhaps because their friends are talking about it.
 - A friend or sibling (or an adult) may share inappropriate content.
 - Your child may accidentally type the wrong word or phrase into an internet search or click on a link to something that looks interesting but turns out to be pornographic.
 - They might click on links in phishing or spam emails, and pop-ups (even on harmless websites).
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- **Take a long-term view** — reinforce that if they do see something they do not understand, they can come and ask you about it.

For teenagers, the most important message is that pornography is not real life.

What can I do if my child has found pornography online?

- **Stay calm** — thank them for being brave enough to let you know and reassure them that you will sort it out together.
- **Listen, assess, pause** — ask them how they found it, where it happened, who (if anyone) showed it to them and how they felt when they saw it. Resist the urge to give them a lecture.
- **Reassure your child they are not in trouble** — try not to remove your child's device or online access completely, as they will see it as punishment.

How can I protect my child?

- **Set some 'house rules'** — discuss the issue with all siblings and talk about where and when it is OK to use computers and devices.
 - **Stay engaged** — talking regularly and openly with your child about what they are doing online will help build trust.
 - **Use the available technology** — take advantage of the parental controls available on devices, and ensure the 'safe search' mode is enabled on browsers.
 - **Build resilience** — talking about sexualised content can help young people process what they come across online and reinforce the importance of consent and respectful relationships.
 - **Consider raising the subject of pornography yourself** — parenting experts recommend starting the conversation early (by the time they are around 9 years old) to help protect them from the potential impacts of coming across it accidentally. Every child is different, so decide when you think it is right to raise the subject with your child.
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- **Be sensitive to how they feel** — it is important to talk with your child about how the content made them feel. Encourage your child to talk to you about any questions they have.
 - **Talk about the importance of consent and respect in relationships** — talk about the importance of always having permission to touch, hug, or kiss another person.

Further tips and advice about how to talk to your child about online pornography, depending on their age, are available on our website.

esafety.gov.au/parents/big-issues/online-pornography

COROWA

High School

NEWSLETTER

TERM 3 | WEEK 6 | AUG 2019






lavic.com.au

RUTHERGLEN LITTLE ATHLETICS
TUESDAYS 4.30pm – 6pm

2019 Season runs from September to December, once a week.

New Athletes can try two sessions for free.

Rutherglen Show Grounds, High Street.

Register online: lavic.com.au/Get-Involved
 Registration is \$100 per child.
 Contact Nathan (0428 427 718), Marika (0427 408 591) or
 Follow us on Facebook.



BE YOUR BEST
WWW.LAVIC.COM.AU



#GOALS SCHOLARSHIPS AVAILABLE!

2 x 1000 SCHOLARSHIPS FOR JULY - AUGUST 2020 SEMESTER AND YEAR EXCHANGE PROGRAMS TO COUNTRIES INCLUDING THE USA, FRANCE, ITALY AND NORWAY

APPLICANTS MUST CURRENTLY BE IN YEARS 9-11

CREATE A VIDEO ANSWERING THE SCHOLARSHIP QUESTION AVAILABLE AT WEP.ORG.AU

DEADLINE OCTOBER 15, 2019

WEP

STUDENT

EXCHANGE

SCHOLARSHIPS!

WEP.ORG.AU

SMS 'EXCHANGE' TO 0428 246 633

WEP AUSTRALIA





SUNSHINE WALK

SUNDAY 24 NOVEMBER 2019



5km & 20km walks

Or get a team together and take part in one of our Challenge Cups.

The Sunshine Walk aims to bring people together to raise funds and awareness for the Albury Wodonga Regional Cancer Centre Trust Fund.

GET INVOLVED

walk.sunshineweek.org.au


#sunshinewalkforcancer

f/sunshinewalkforcancer

For more information contact us:
 phone 02 6064 1538
 email events@awcancertrust.org.au

Albury Wodonga Regional Cancer Centre Trust Fund Inc.

*Women,
it's time we put
ourselves first.*



BACK ON TRACK PHYSIOTHERAPY PRESENTS

WOMEN'S HEALTH WEEK 2019

WORKPLACE WELLBEING

REGISTRATION + NIBBLES


5.30 PM

SEP • 03 • 2019

233 Honour Ave
Corowa

PRESENTATION

6:00 PM



LIMITED PLACES! RSVP: 02 6033 0933
COROWAADMIN@BACKONTRACKPHYSIO.BIZ

