# COROWA

High School newsletter
TERM 4 | WEEK 8 | DEC 2022





# What's inside this edition?

Term 4, 2022

#### **Principal's report**

#### Page 2

Includes: Year 6 transition, Farewell Miss Regan, end of term info & more!

#### Page 3

2023 School Captain profiles & Tongarla garden makeover

#### Page 4

Year 6 transition photos

We have had a fantastic week getting to know our Year 7 class of 2023 as they attended our Year 6 transition week. Students have had a great time following their 2023 timetable, meeting staff and making new friends.

We can't wait to see you again next year

(see more photos on page 4

### What's Coming Up?

5 Dec	Davidson Shield regional final				
9 Dec	Fun Fields excursion				
14 Dec	Achievement Assembly - 10am				
14 Dec	Wednesday sport - swimming @ Corowa pool				
15 Dec	Presentation Day Assembly - 11.30am				
15 Dec	HSC results released				
16 Dec	Last day of Term 4				

#### Page 5

Year 10 TAFE visit & Stage 5 Conspiracy Theories



#### Year 6 transition week

It is both an exciting and busy time of year as students and staff commence their 2023 timetable. In addition to this, we have welcomed Year 6 students from our local area this week for Transition Week. These students have received their 2023 timetable and have had the opportunity to experience their Year 7 classes, meet teachers and hopefully make new friends with those who will be their classmates next year.

#### **Farewell Miss Regan**

I would like to acknowledge Miss Regan who has left us this week for a new teaching position in Bungendore. Miss Regan was a valued Year Advisor and Mathematics teacher while at Corowa High School and she will be greatly missed.

### Classes continue until end of term

Despite the Christmas holidays being not far away, all classes are proceeding with learning and covering important content that will continue into next year. I would encourage all students to maintain their studies with their fullest efforts and in particular, be aware of assessment tasks that are due before the end of this

year. All students are expected to attend school as normal until the end of term, with the last day for 2022 being Friday 16 December.

#### **Merry Christmas!**

Finally, I would like to wish our entire community a safe and happy Christmas break. With so many challenges for our community in recent times, I hope that your Christmas break is a relaxing one shared with those who are most important to you.

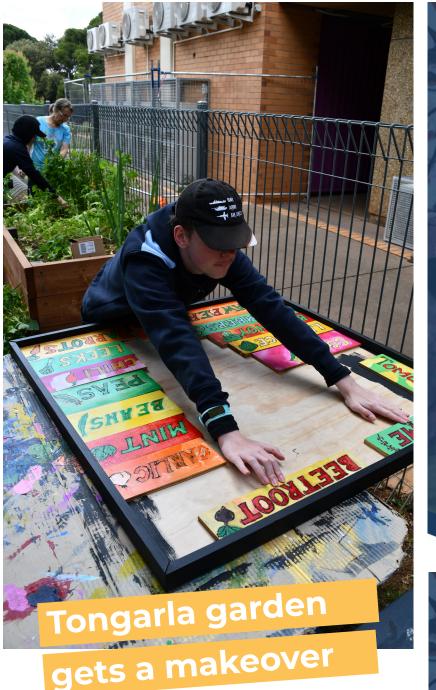
Merry Christmas from all the staff at Corowa High School. We look forward to working and learning with you all again in 2023.

# PRESENTATION DAY!



# Thursday 15 December

Celebrating student achievement
with special guest, Philip Piggin
Commencing at 11.30am in the school hall
Parents welcome



Last week, students in our Tongarala class gave their herb garden a spring clean out! Along with weeding the garden, they have also begun an artwork that will be mounted on the external D Block wall between the King Street car park and the herb garden.

### From the library

Do you have library books laying around at home? Please return them to our library ASAP!

Please have a quick look for any school books and return them to our library so we do not have to replace them.

In particular, there are many books owing from the Year 10 cohort and Year 12 students who have recently graduated.

Thank you,

Ms Sullivan







Describe yourself in 3 words:

Caring, intelligent & humerous

Best advice you've ever heard:
"Always look on the bright side of life"
(Life of Brian)

Why did you join the SRC?

To give a voice to my year cohort & whole school

Seen anything lately that made you smile?

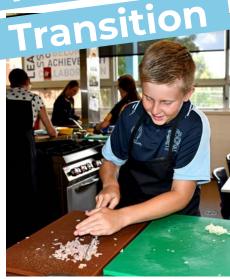
My family and two dogs

# COROWA High School newsletter

TERM 4 | WEEK 8 | DEC 2022





















'Tis the season to be generous and to that end, our SRC are currently hosting a Christmas food drive. Students, staff and community members are encouraged to donate non-perishable food items to our school, with all donations going to St Vinnies for distribution to those in need within our community this festive season.

If you need any inspiration, please see our list of suggested items on page 9 of this newsletter or on our Facebook page. Please give generously by 13 December!



# COROWA High School newsletter

COROWA HIGH SCHOOL

TERM 4 | WEEK 8 | DEC 2022



















Year 8 History student got their hands dirty on Thursday when they participated in an archaeological dig in class! Students used traditional archaeological methods to excavate a number of ancient items including a bell, a goblet and statues. They then recorded and discussed their findings.

# Last Day of Term: Friday 16 Dec

Please arrange alternative care for your child on Monday 19 December



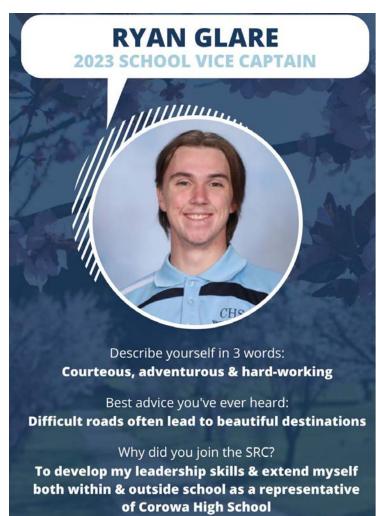
This change of date is due to an additional School Development Day announced for staff across NSW public schools





This week, Senior Software Design and Development students received rubber ducks. Rubber ducks are used in the industry to help programmers debug their code. Students sat the small rubber ducks near them and articulated their code to the duck line by line to help find errors and more efficient solutions for their upcoming assessment task.





Seen anything lately that made you smile?

The golf course



Year 10 students put Mr Le Lievre through his paces on the basketball court on Monday when he taught their Physical Education class.





# Breakfast club success

**Supporting students** 

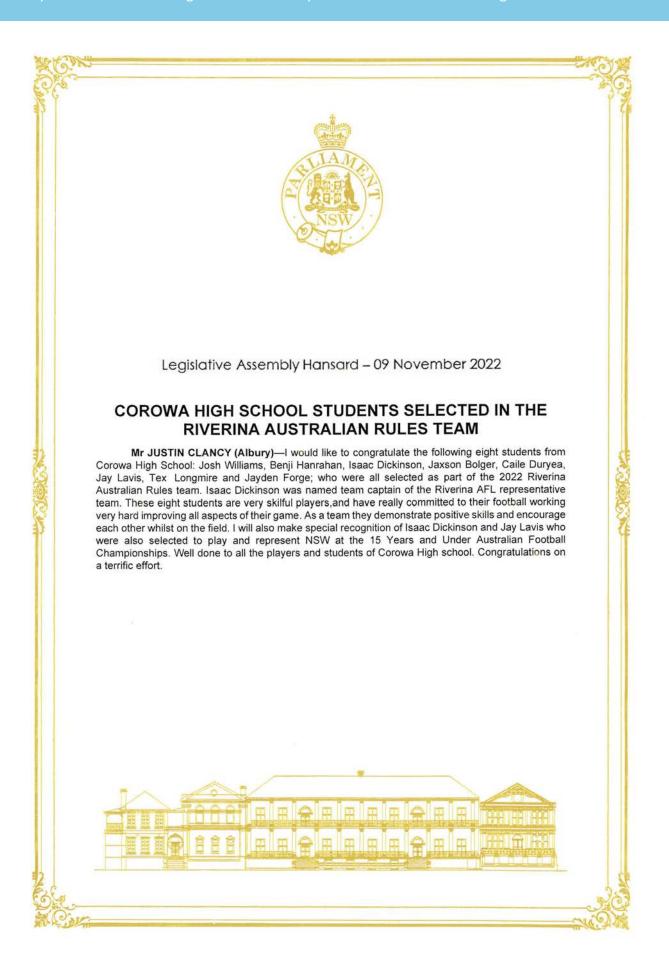
The P&C have really kicked our breakfast club up a notch this year and have seen much success! They estimate that they serve over 100 students per day (Monday, Wednesday, Friday).

Students can access toasted sandwiches, yoghurt and hot drinks free of charge before 9am.

Thanks are extended to the students who are supporting breakfast club and to the P&C for running such a wonderful program.

### **NSW Government Hansard**

This is an official record of all things stated or mentioned in Parliament on 9 November 2022. Justin Clancy read out the following about some exceptional students at Corowa High School.





#### **Term 4 Canteen Roster**

Canteen Phone: **0439 334 522** Commence 10.00 each day

	Monday	Tuesday	Wednesday	Thursday	Friday
5-9 Dec	J Willett	M Miegel			R Wright
12-16 Dec		M Miegel			R Wright

The canteen is in desperate need of volunteers! If you are able to assist in the canteen on any day or cannot make it to your shift, please call Sharon (at least one day before) on 0439 334 522

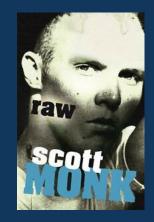
\* Please ensure you wear covered footwear



### From the library

If you have a copy of 'Raw' by Scott Monk that you have forgotten to return from previous years, please return it now!

Could parents and caregivers look around their homes for any Corowa High School library books and have them returned to the Library? There are some books that were borrowed in 2021 and have not been returned. It would be great to have books returned so we don't need to replace them.







#### Parents and students please take note

The Australian Federal Police through the <u>Australian Centre to Counter Child Exploitation</u> is seeing a concerning global trend of teenage males being targeted to send explicit images of themselves and then blackmailed. This is called sexual extortion, or sextortion.

The AFP is urging families to have important safety conversations ahead of the school holidays to prevent young people from becoming victim. This crime can have serious wellbeing and psychological impacts.

#### How does sextortion start?

- Unsolicited friend and follow requests on social media
- Direct messages on one app and then being asked to keep chatting on a secondary app
- Conversations suddenly and quickly becoming sexualised
- Requests for sexualised images or content.

#### What can families do?

- Have open and regular conversations about your child's online activities and interactions
- Know what platforms, apps and games they are using and who they are interacting with
- Remain open and approachable, victims will be reluctant to come forward if they feel they will be punished or blamed
- Ensure your child knows that it is okay to leave conversations if they feel uncomfortable or unsafe
- Support your child and know how to respond. The Online blackmail and sexual extortion response kit has been created to recognise sextortion and get help.

The Australian Centre to Counter Child Exploitation is here to keep young people safe from online sexual exploitation and abuse.

You can make a report via accce.gov.au/report

For further information, resources and advice visit thinkuknow.org.au





### 5 points

- Tea
- Coffee
- Milo
- Long life milk
- Long life juice
- Cordial
- Soft drink
- Tinned meals

- Spreads
- Tinned fruit
- Chocolate
- Muesli bars
- Sauces
  - Salt
  - Pepper
- Pancake mix

- Savoury biscuits
- Sweet biscuits
- Pasta
- Pasta sauce
- Cereal
- Cous Cous
- Rice
- Jelly

- Tuna
- Soup
- Noodles
- Beans
- Cake mix
- Lollies
- Dried fruit
- Bonbons

#### **Christmas bonus**

- Pudding 20 points
- Christmas cake 10 points
- Candy canes 5 points

- Fruit cakes 10 points
- Mince pies 10 points

Where appropriate please make sure items have long expiry dates and are non-perishable. Brand names preferred.









#### **BOOK NOW**

Starting Monday the 5th December through to Thursday the 8th December. These events will showcase some of the amazing courses we have

on offer throughout TAFE NSW.

For more information Contact Us 0447 511 686

Come Join Us for this FREE EVENT!

Plants Wednesday 7th

Settings: Monday 5th and Thursday

Age Care: Tuesday 6th
Hygiene/Lifting/Housekeeping
Horticulture: Mini Landscaping/Mozzie





#### Apply for a school travel pass

#### Introduction

The School Student Transport Scheme (SSTS) gives eligible school students free or subsidised travel between home and school on NSW public transport, including trains, buses, ferries and light rail.

Depending on where you're travelling, you may receive a free school travel pass, a School Opal card, or

Eligible cards are automatically updated for the new school year, so you'll only need to apply if you're:

- applying for a school travel pass for the first time
- changing name, school and/or address, or
- requesting an additional pass as a result of a new shared parental responsibility situation.

#### Eligibility

You need to live a minimum distance from your school to be eligible for a free school travel pass. The minimum distance varies according to the year/grade you are enrolled in, in that calendar year:

- Years K to 2 (Infants): no minimum distance
- Years 3 to 6 (Primary): 1.6 kilometres straight line distance or 2.3 kilometres walking or further
- Years 7 to 12 (Secondary): 2 kilometres straight line distance or 2.9 kilometres walking or further.

#### What you need

A valid email address.

Applications must be made by a parent or legal guardian if you're under 16 years of age. If you're 16 years or older you need to complete and sign the application form yourself.

#### How to apply

- 1. Select the 'Apply online' button.
- Complete the online application.
- Note down your application ID number, starting with the prefix 'N' or 'UN'.
- You'll then be able to track the status of your application.

For more information on travel concessions available for school students visit Transport for NSW or search

Note: The drop down lists does not always work while attempting to register on a mobile phone or tablet, therefore a computer is recommended.

# Support after school

#### Youth Allowance is a fortnightly payment to help you with your next steps



Starting a

uni degree





Studying at

TAFE or online







Studying part time Doing an



Scan the QR code to learn more









<u>Code of Conduct for School Students on a school bus</u>. It is every student's responsibility to behave in a manner that ensures the safety and comfort of passengers and drivers. This includes:

#### Behaviour on buses

- Use appropriate language not offensive or racist language
- Fighting, spitting, feet on seats, throwing things in or from the bus is not permitted
- No eating or drinking (other than water) unless for medical reasons or the bus operator gives written
- Offer seats to adults including people with a disability, elderly or expectant mothers
- Do not push or shove other people
- Do not bully or harass other passengers or the driver
- Avoid attracting the attention of the driver except in the case of emergency
   Do not play music at such volume that it may distract the bus driver or other passengers.

#### Safety on and near buses

- Obey reasonable directions from the driver (e.g. where to sit or to remain in the bus)
- Remain in your seat do not move around the bus unnecessarily
- If standing, remain behind the front passenger seat and keep a secure hand hold at all times
- Keep bags and other items clear of the aisle
- Do not allow any part of your body to protrude out of the bus at any time
- Wait for the bus in a quiet and orderly manner including at bus interchanges
- Stand away from the roadside until the bus comes to a complete stop
- Allow other passengers to leave the bus before stepping onto the bus in a single line
- Wait until the bus stops before moving to get off the bus at your designated stop Cross the road where and when it's safe to do so, use crossings/traffic lights where available.

#### Legal considerations on buses

- Wear the seat belt properly adjusted and fastened, if one is available
- Obey the law that bans smoking on buses
- Ensure that buses are not vandalised report any damage, e.g. graffiti and window etching, to the driver
- Do not interfere with bus property, equipment and signage

Do not leave rubbish on the bus, or at bus stops or interchanges

#### Using bus passes:

- Show travel passes or tickets to the driver on boarding and to Authorised Revenue Protection Officers, NSW
- Police Officers or bus company representative when requested
- Use the travel pass only for its intended purpose do not lend your pass to other students or borrow a pass from them
- Swipe or 'dip' passes in ticket readers if available when boarding
- If issued with a School Opal card, always tap on when boarding and tap off when leaving the bus.
   Disobeying these rules may lead to the withdrawal of bus travel passes, banning students from travelling on buses and/or police prosecution and court action.

#### Corowa Depot

Road Corowa NSW 2646

T 02 6033 2249 F 02 6033 5493 M 0458 275 657 E admin@cannsbuslines.com.au







# Get started with myGov

#### myGov is a simple and secure way to access government services online, all in one place.

### WHAT YOU CAN DO WITH A MYGOV ACCOUNT

- · Link government services to your myGov account, such as Medicare. Centrelink and the Australian Taxation Office. Then you can do things like lodge you tax return, claim Medicare payments, report income an manage your super all in one place.
- You can get messages from some government services in your myGov Inbox if you have them linked.
- After you sign into your myGov account, your personalised homepage makes it easy to see your Inbox messages, some payments and your linked services in
- · At any time you can explore myGov for information about government payments and services organised by major events in your life, making it easier for you to find the support you need.

HOW TO CREATE A MYGOV ACCOUNT

- 1 Go to my.gov.au and select Create account.
- Select Continue with myGov details and agree to the terms of use.
- 3 Enter an email address. The same email can't be used for two myGov accounts. If you share an email address with someone, only one of you can use it to create a myGov account.
- 4 Enter the code we sent to your email.
- Enter your mobile number and enter the code we send you. If you don't have a mobile device or mobile reception, skip this step.
- 6 Enter and re-enter a password. It must have at least 7 characters and include at least 1 letter and 1 number Passwords are case sensitive and can include any of the following special characters: !, @, #, \$, %, ^, &, \*
- 7 Choose 3 secret questions or answers or write your
- 8 You've created a myGov account!

For your security, remember to sign out of your linked services and myGov account, and close your browser when you've finished.

If you prefer, you can create a myGov account with a Digital Identity. Select Continue with Digital Identity at step 2 and follow the prompts.

#### Need help?

- If you need help using myGov or signing into myGov, call 132 307 and select Option 1 for the myGov helpdesk, which operates from
  - Monday to Friday 7:00 am 10:00 pm
  - Saturday to Sunday 10:00 am 5:00 pm
- ff you're outside Australia, Call +61 1300 1MY GOV (1300 169 468) and select Option 1 International call charges apply
- ☐ For detailed steps on how to link services and manage your myGov account, go to my.gov.au and select Help using myGov at the bottom of the website.
- Follow us on Twitter @myGovAU
- Watch myGov videos at youtube.com/mygovau

## Is ABSTUDY for you?

ABSTUDY is support for all Aboriginal and Torres Strait Islander students, trainees and apprentices to help with many things.



away from home







Study and



uni or TAFE



Scan the QR code to learn more







Services Australia

servicesaustralia.gov.au/leavingschool



The Tertiary Access Payment is a payment for students from regional and remote areas. It's to help with the cost of moving for tertiary study.

#### How much you can get

It's a payment of up to \$5,000 that we pay in your first year of study.

If you're from an inner regional area, you'll get \$3,000 in one instalment shortly after you start your course.

If you're from an outer regional or remote area, you'll get \$5,000 paid in 2 instalments. We pay \$3,000 shortly after you start your course, and \$2,000 in your

You can only get the payment once, even if you change your study.

#### Who can get it

This payment is for regional and remote students who need to move away from home to study after year 12. You can be studying at a university, vocational education and training provider or another higher education provider

You need to meet study rules as well as meet all the following eligibility criteria:

- · you're an Australian resident
- · your family home is in an inner regional, outer regional, remote or very remote area
- you're moving to study at a tertiary education provider that's at least 90 minutes away from your family home by public transport

- you're aged 22 or younger on the day you start your tertiary course
- your parents' or guardians' income is under the current combined parental income limit of \$250,000.

#### Study rules

You also need to meet study rules to get the Tertiary Access Payment. You need to be studying in the year after completing year 12 or equivalent with no gap year.

You also need to be studying:

- · a certificate IV or above
- · at least 75% of a full-time study load of the academic year.

Your study program needs to be face-to-face, a combination of online and face-to-face, or at a Regional University Centre (RUC).

# Are you moving for study after year 12?

There's financial help for students moving from regional, rural or remote areas.



A higher fortnightly rate of Youth Allowance or ABSTUDY



Fares Allowance for travel costs between your home and place of study



The \$3,000 or \$5,000 **Tertiary Access Payment** 



The once-a-year lump sum **Relocation Scholarship** 









servicesaustralia.gov.au/leavingschool

I TERTIARY ACCESS PAYMENT

#### When to claim a payment

You can apply for the Tertiary Access Payment from 1 January of the year you start tertiary study

You must submit your claim by 31 December in your

#### How to claim

Follow these steps to claim the Tertiary Access Payment.

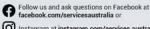
- Check on our website if you're eligible for the payment.
- Use our online tool to check your family home location is in an inner regional, outer regional or remote area.
- 3 Apply for a tax file number through the Australian Taxation Office.
- Set up a myGov account.
- Link your myGov account to Centrelink.
   Prove your identity in one of these ways:
   online using your Digital Identity, over the phone
   or in person at a service centre.
- 6 Use your Centrelink online account to claim the Tertiary Access Payment through myGov.

If you're claiming another student payment, like Youth Allowance or ABSTUDY, this is a separate claim. You can get the Tertiary Access Payment while getting another student payment from us. But you can also get the Tertiary Access Payment on its own.



#### More resources

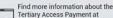
Find more information and resources for school leavers at servicesaustralia.gov.au/leavingschool



O Instagram at instagram.com/services.australia

Social media is not private or secure, so don't share personal information on social media. If you need to talk about your personal circumstances, call or visit us.

#### Where to get more information



Tertiary Access Payment at servicesaustralia.gov.au/tertiaryaccesspayment



Call the Youth and students line on 132 490.



If you need to speak to someone in your language, call the Centrelink Multilingual Phone Service on 131 202.



# This is sextortion.

It's a scam. And it's trending.

You can make it stop.

- Do stop the chat
- Do take screenshots of the text and profile
- Do block the account and report it to the platform
- Do report to the ACCCE
- ✓ Do get support
- Don't send more images
- Don't pay
- **Don't** respond to demands
- **Don't** enter into further communication
- **Don't** think you're alone

### If you're under 18, we can help.

The Australian Centre to Counter Child Exploitation is here to keep children and young people safe from online sexual exploitation and abuse.



To report or get help: accce.gov.au







If you're in a life-threatening situation, call Triple Zero (000).

The eSafety Commissioner can help to remove naked or sexual images shared online without your consent: eSafety.gov.au













